

“GRIT” IS A NATURAL PRODUCT OF A GROWTH MINDSET

How can schools foster a growth mindset?

★ SCHOOLWIDE LANGUAGE/PHILOSOPHY ★

Everyone can grow their brain through effort, practice, and perseverance! Each person has the tools to succeed and the support here at FMS to grow.

Common Growth Mindset Framing:

1. High Expectations –
 - a. High standards for longer-term outcomes
 - b. High confidence in each student’s potential for growth:
Confidence of success is based on knowing that each student can *develop* ability
2. Focus on a Learning Goal –
 - a. The purpose is not performance but learning
 - b. Mistakes are useful, expected, and appreciated, because everyone can learn from them

Common Methods for Providing Feedback:

1. Process vs. Person –
 - a. Focus feedback on things they control: their actions, effort, use of strategies (“process”)
 - b. Avoid praising talent, intelligence, & easy success
2. Individual Progress –
 - a. Emphasize the individual progress they make
 - b. De-emphasize how they compare to others