

# FAIRHAVEN MIDDLE SCHOOL

## Weekly Bulletin

### Jan. 16– Jan. 19, 2018



Monday	Tuesday	Wednesday	Thursday	Friday
No School	A Day	B Day	A Day	B Day

#### Good Morning Grizzlies!

Quote of the Day: "Be thankful for what you have. Your life, no matter how bad you think it is, is someone else's fairy tale."  
~ Wale Ayeni

Do you support kindness and equality? Do you have a rainbow ribbon? Do you enjoy helping those around you feel appreciated? Join in for No Name Calling week next week. Look for posters around the school for more information and make a point to call those around you by their name. #kindnessinaction Want to be more involved? Come visit our Queer Straight Alliance: PRISM Wednesday mornings in room 103 with Ms. Katir and Mr. Fegel

Any **students** that plan to be on the Wrestling Team needs to check in with Mrs. Martin to be sure you are **CLEARED to participate! The posted deadline is: Jan. 22.**

~~The January Harvest of the Month will be apples and will be served on Jan. 31 in school cafeterias. School lunch will include French Toast Sticks and Sausage served with Cinnamon Apples. It's a great time to try school lunch!~~

DEN is Monday through Thursdays in the library from 3:45 – 4:45. Check it out!

Will please report to the **Main Office** following announcements. Thank you!

Please stand for the "Pledge of Allegiance". "I pledge allegiance to the flag of the United States of America..."

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## Parent Section

Sports Schedule: <http://fairhaven.bellinghamschools.org/>

On Line Calendar: [http://calendar.bham.wednet.edu/index.php?type=view&action=month&filter\\_school=6](http://calendar.bham.wednet.edu/index.php?type=view&action=month&filter_school=6)

Lunch Menu: <http://bellinghamschools.org/departments/food-services/school-menu>

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### LUNCHES

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Jan 16	Chicken Drumsticks with Fries/Wedges and Roll or Chicken Cordon Bleu Sandwich with Fries/Wedges or Daily Deli
Jan 17	Penne Pasta with Chicken Alfredo Sauce, Garlic Toast, and Caesar Salad or Philly Cheesesteak Sandwich with Fries/Wedges or Daily Deli
Jan 18	Pizza with Caesar Salad or Chicken Fajita Bowl w/Cilantro Lime Rice and Black Beans or Daily Deli
Jan 19	Cheeseburger with Fries/Wedges or Chicken Yakisoba with Spring Roll(s) and Fortune Cookie or Pizza
Jan 22	Grilled Chicken Burger with Tater Tots or Bacon Cheeseburger with Fries/Wedges or Daily Deli
Jan 23	Chicken Fajita Taco with Mexi Rice and Refried Beans or Chicken Parmesan Sandwich with Fries/Wedges or Daily Deli
Jan 25	Pizza with Caesar Salad or Chicken Nuggets with Mashed Potatoes and Gravy and Soft Breadstick or

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Jan 26	Daily Deli Beef Gyro with Cucumber Salad or Chicken Burger with Fries/Wedges or Pizza
Jan 29	All Beef Dog with Chili and Fries or Spicy Grilled Chicken Burger with Fries/Wedges or Daily Deli
Jan 30	BBQ Roasted Chicken with Potato Wedges and Biscuit or Chicken Parmesan Sandwich with Fries/Wedges or Daily Deli
Jan 31	<i>Harvest of the Month</i> ~ French Toast Sticks with Sausage and Cinnamon Apples or Chicken Burger w/Tater Tots or Daily Deli
Feb 1	Pizza with Caesar Salad or Italian Meatball Sub with Caesar Salad or Daily Deli
Feb 2	Cheeseburger Tater Tots or Penne Pasta with Chicken Alfredo Sauce, Breadstick, and Caesar Salad or Pizza
Feb 5	Chicken Nuggets with Potato Wedges and Garlic Toasts or Bacon Cheeseburger with Fries/Wedges or Daily Deli
Feb 6	Turkey Soft Taco with Mexi Rice and Refried Beans or Chicken Cordon Bleu Sandwich with Fries/Wedges or Daily Deli
Feb 7	Chicken Pot Pie and Biscuit with Tater Triangles or BBQ Pulled Pork Sandwich with Coleslaw and Fries or Daily Deli
Feb 8	Sack Lunch Only